



Inspired Futsal Club

Anti-Bullying Policy

1. Policy Statement

Inspired Futsal Club is committed to providing a **safe, positive, and inclusive environment** for all players aged 5–16 and adult participants. Bullying of any kind is **not tolerated** within the club.

Everyone involved in the club—including players, coaches, volunteers, parents, and spectators—has a responsibility to ensure that futsal is played in a **supportive and respectful environment**.

This policy supports safeguarding principles promoted by the The Football Association and good practice for grassroots sport.

2. What Is Bullying?

Bullying is **repeated behaviour intended to hurt, intimidate, or undermine another person**.

Bullying can occur between:

- Player to player
 - Player to coach
 - Coach to player
 - Parent to player or official
 - Spectators towards players or officials
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3. Types of Bullying

Physical Bullying

- Hitting, pushing, kicking
- Damaging belongings
- Physical intimidation

Verbal Bullying

- Name-calling
- Insults
- Threats
- Offensive language

Emotional / Social Bullying

- Deliberate exclusion from activities
- Spreading rumours
- Public humiliation

Online / Cyber Bullying

- Hurtful messages
 - Abuse on social media
 - Sharing embarrassing images or comments online
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4. Signs a Child May Be Experiencing Bullying

A player may be experiencing bullying if they:

- Become withdrawn or anxious
- Avoid training or matches
- Lose confidence
- Show sudden changes in behaviour
- Have unexplained injuries
- Become upset after using social media

These signs do not always mean bullying is occurring, but **they should be taken seriously**.

5. Prevention

Inspired Futsal Club will work to prevent bullying by:

- Promoting **respect and teamwork**
- Enforcing clear **codes of conduct**
- Educating players about positive behaviour
- Encouraging players to **speak up if they feel uncomfortable**
- Ensuring coaches monitor behaviour during training and matches

The club promotes the message:

Respect everyone. Bullying has no place in futsal.

6. Reporting Bullying

Players, parents, coaches, and volunteers should report bullying to:

- A **coach**
- The **Club Welfare Officer**

Club Welfare Officer

Name: Steven Jackson

Phone: 07398 147543

Email: stevenjackson71@yahoo.co.uk

Reports of bullying will be **treated seriously and handled sensitively.**

7. Responding to Bullying

When bullying is reported, the club will:

1. Listen to the person raising the concern.
2. Record the details of the incident.
3. Speak with those involved where appropriate.
4. Take action to stop the behaviour.
5. Support the person affected.

Possible actions include:

- Verbal warning
 - Behaviour agreement
 - Temporary removal from training or matches
 - Parent meetings
 - Suspension from the club (in serious cases)
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8. Support for Players

Players affected by bullying will be supported by:

- Coaches and the Club Welfare Officer

- Parents or guardians
- Positive team support

The club aims to ensure all players feel **safe, confident, and valued**.

9. Responsibilities

Coaches

- Challenge bullying behaviour immediately
- Promote respect within the team
- Report incidents to the Club Welfare Officer

Players

- Treat others with respect
- Speak out if they see bullying

Parents

- Encourage positive behaviour
 - Report concerns to the club
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10. Policy Review

This Anti-Bullying Policy will be reviewed **annually** and updated where necessary.

Approved by:

Club Chair: Russell Fryer

Club Welfare Officer: Steven Jackson

Date: 01/06/2026

Review Date: 31/05/2027